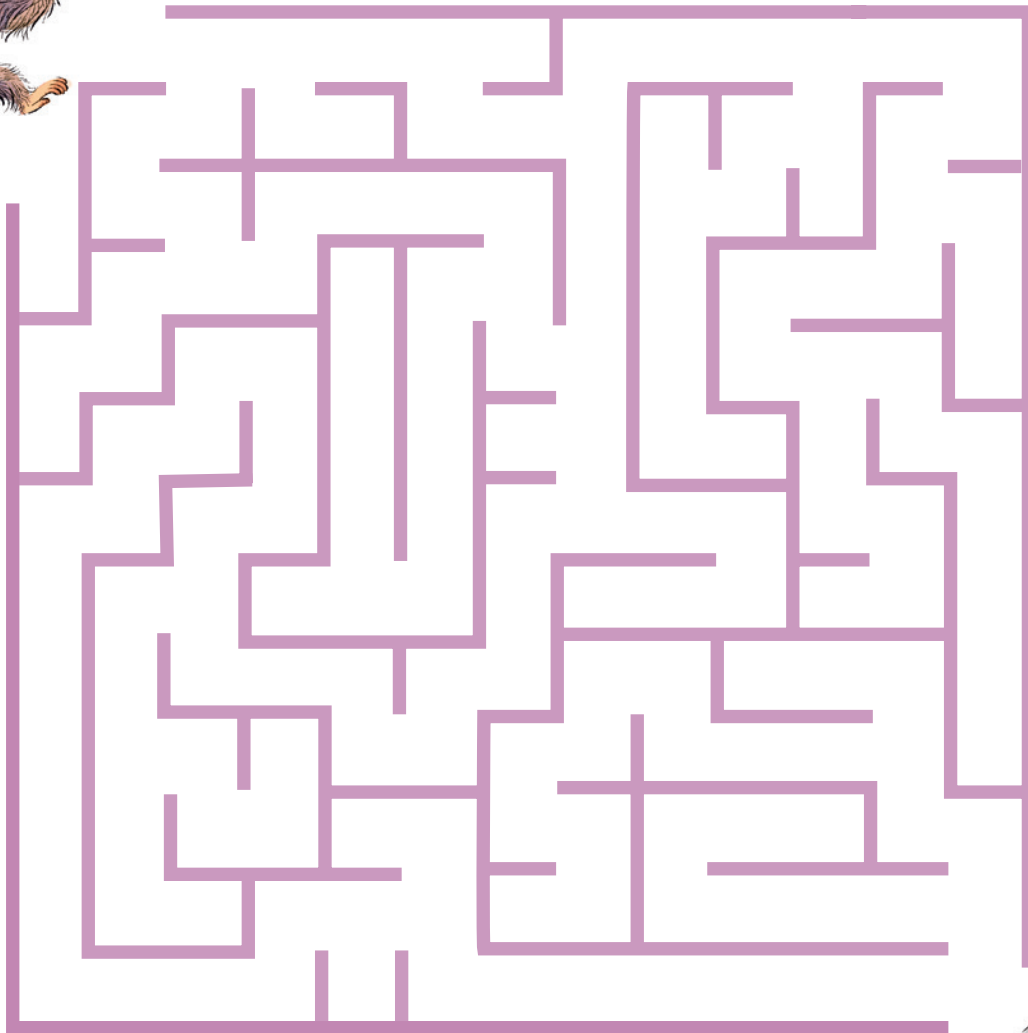


# MAZE ACTIVITY

After a day of doing nothing with the lizard, Leyla is ready to return home to her loving family! Complete the maze to help Leyla find her way.



START

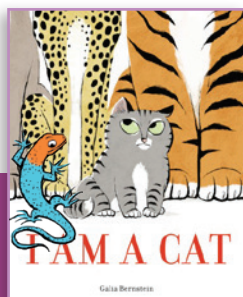
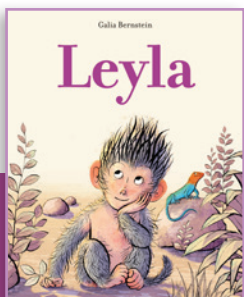


FINISH



Illustration © 2019 Galia Bernstein

Also available



Leyla by Galia Bernstein

   @abramskids abramskids.com



Abrams Books  
for Young Readers  
An imprint of ABRAMS

# COLORING PAGE ACTIVITY

The lizard is busy doing nothing. Can you color him in?

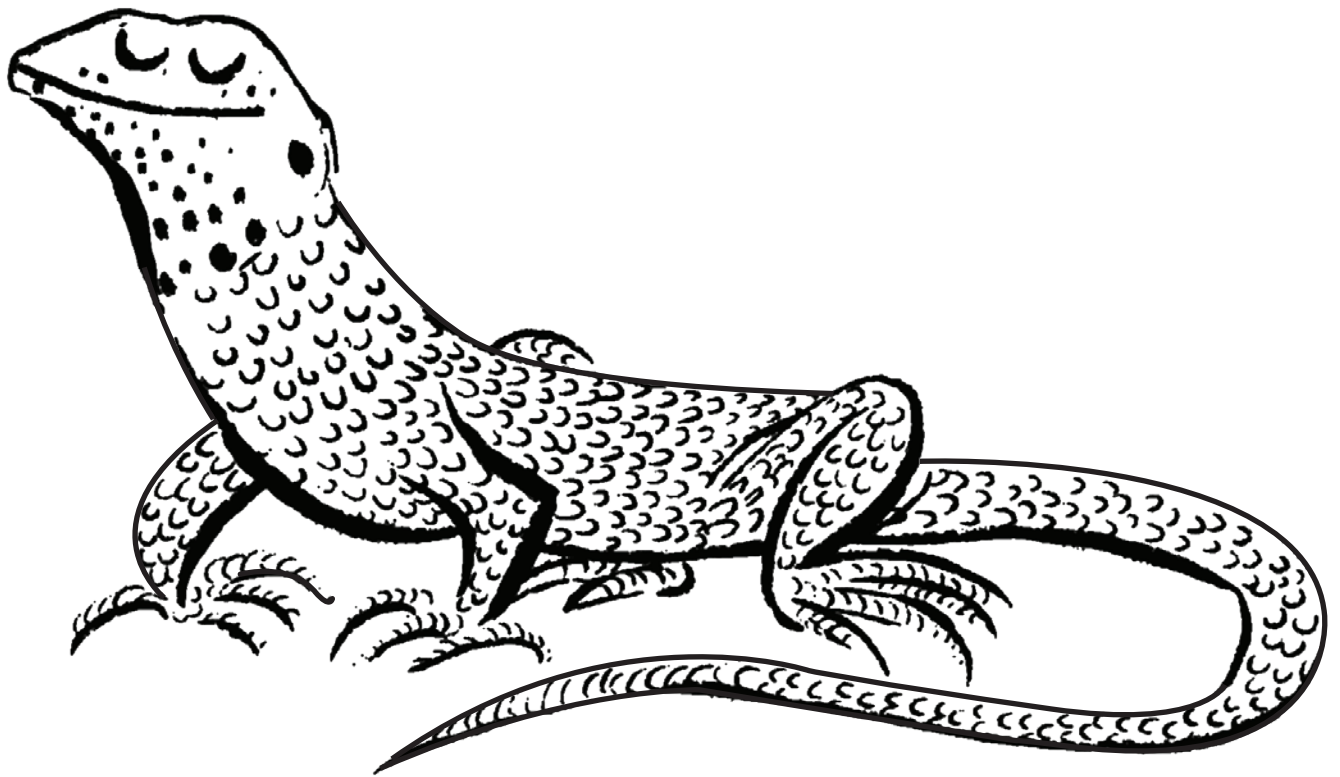
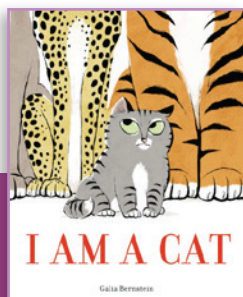
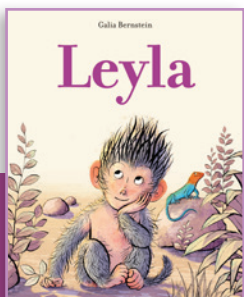


Illustration © 2019 Galia Bernstein

Also available



**Leyla** by Galia Bernstein

[Twitter](#) [Facebook](#) [Instagram](#) @abramskids abramskids.com



**Abrams Books  
for Young Readers**  
An imprint of ABRAMS

# A GUIDE TO DOING NOTHING

When Leyla's family gets too noisy, she finds quiet with a lizard, who teaches her how to do nothing. With a friend or by yourself, practice doing nothing by following these simple steps.

Close your eyes and take five deep breaths.

With your eyes closed, think about three things you can hear.

With your eyes closed, think about three things you can smell.

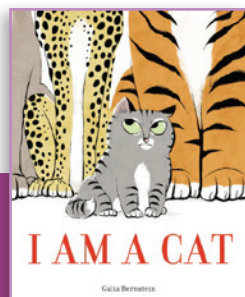
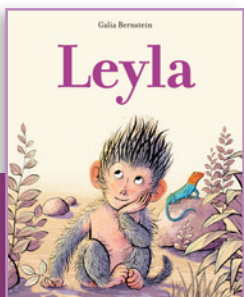
With your eyes closed, think about three things you can feel.

With your eyes closed, try to think about nothing at all.

When you're ready, open your eyes.



Also available



Leyla by Galia Bernstein

[Twitter](#) [Facebook](#) [Instagram](#) @abramskids abramskids.com



Abrams Books  
for Young Readers  
An imprint of ABRAMS