WHAT MAKES YOU YOU?

Everyone is unique. What makes you different?
Use the bubbles below to write or draw the things about yourself that make you exactly YOU. Difference is what makes life beautiful and miraculous!



CELEBRATE THE DIFFERENCE

Nothing in this world is exactly the same. Look at the four pictures below. One of the pictures is different than the other three. Can you find which one? What makes this picture unique?









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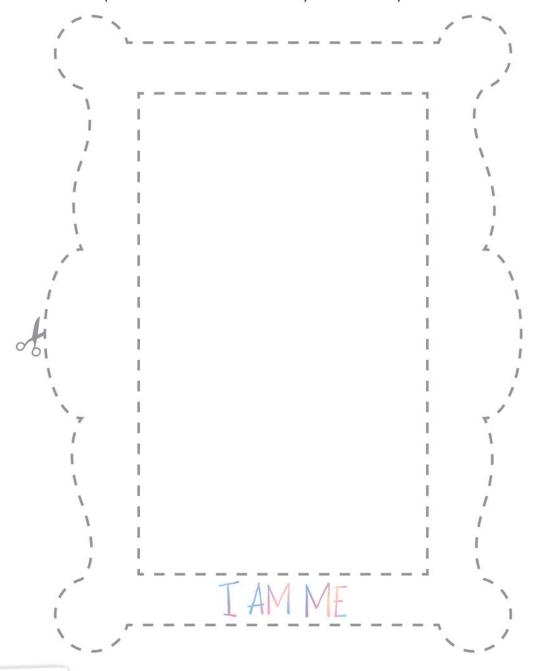
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PICTURE OF INDIVIDUALITY

It's fun to celebrate yourself and those around you! Use the template below to decorate a picture frame. When you're done, cut it out with the help of an adult and add a picture that shows a time you felt like your authentic self.





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A BOOK of MINDFULNESS









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